The School of Nursing and Midwifery will offer a Master of Mental Health Nursing from Semester 2, 2010

The Master of Mental Health Nursing has been designed to provide students with an advanced understanding of the theories, legislation, policies and standards that underpin mental health nursing. Students will be expected to develop core practice skills that promote safe nursing practice and management of risk in a clinical setting. Students will gain experience in a variety of evidence based interventions while also gaining an understanding of the theoretical principles that underpin them. Teaching will be provided by highly experienced practitioners and/or researchers, many of whom have national or international reputations for scholarship and/or professional practice. Students enroll in the Master Mental Health Nursing on a full-time or part-time basis.

Graduates will develop the knowledge, skills and attitudes relevant to contemporary mental health nursing practice. Students will gain experience in a variety of evidence based interventions while also gaining an understanding of the theoretical principles that underpin them. Teaching will be provided by highly experienced practitioners and/or researchers, many of whom have national or international reputations for scholarship and/or professional practice.

Students enroll in the Master Mental Health Nursing on a full-time or part-time basis.

Students complete #24 program units consisting of twelve #2 courses with an option to complete full-time over three semesters.

Students will have the opportunity to undertake both structured and independent learning assignments and study in a flexible environment that respects concurrent professional commitments.

Materials are designed for self-paced structured learning and include both a program of reading and regular practice activities and tasks designed to integrate reading into the practice environment.

The weekly study program is supported by a weekly tutorial that can be accessed in person or by video or telephone conference. The tutorial provides facilitated discussion of set readings, with the focus of discussion being on relevance to clinical practice. Each student is assigned a tutor for additional one on one support as required.

Students attend 4-8 days of residential school each semester. All students are required to complete #4 of independent project work over two semesters. Students participate in a 2-day intensive workshop that provides key training in independent research and are provided with individual supervision for the duration of the project.

**Entry Requirements**

Applicants must hold current registration in Australia and a Bachelor degree (or approval of equivalent qualifications by the Head of School).

**Master of Mental Health Nursing**

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For Further Information contact
The University of Queensland
School of Nursing and Midwifery
Phone +61 7 3381 1165
Email nursing-midwifery@uq.edu.au
Web nursing-midwifery.uq.edu.au
Whatever your area of practice you are likely to encounter persons experiencing a mental health problem.

The Mental Health First Aid CPD course offered by the School of Nursing and Midwifery provides participants with the specialised knowledge and skills to confidently administer Mental Health First Aid.

First Aid is the help given to an injured person before medical treatment can be obtained. Mental Health First Aid (MHFA) is the help given to someone developing a mental health problem, or in a mental health crisis.

The Mental Health First Aid course is designed to provide participants with the specialised knowledge and skills to confidently administer Mental Health First Aid (MHFA).

The course is suitable for all qualified health professionals and students from any health discipline. (This is not a therapeutic course and therefore is not suitable for individuals seeking assistance or support with a personal mental health problem).

**Course Content Areas**
- Anxiety
- Depression
- Psychosis
- Substance misuse
- Non suicidal self injury
- Panic attacks
- Traumatic events
- Severe psychotic states
- Severe effects from alcohol or other drug misuse
- Aggressive behaviours

**CPD Hours:** 12

**Course Format:** Intensive

**Who should participate:** All health professionals, in particular those practising in the mental health fields

**Pre requisite:** Nil

This program is delivered by registered practising clinicians through the University of Queensland School of Nursing and Midwifery. This course has been endorsed by APEC number 110202001 as authorised by Royal College of Nursing, Australia according to approved criteria.

For more information on this course contact the School of Nursing and Midwifery

**Online enquiries** nursing-midwifery@uq.edu.au

**Phone:** +7 3381 1165

**Web:** www.nursing-midwifery.uq.edu.au/cpd