Why Health, Sport and Physical Education at UQ?

Health, sport and physical education graduates are in high demand across the world as society places more emphasis on the need to be healthy and active. There are many career opportunities which are unique and diverse in both school and non-school settings within Australia and around the globe. Study Health, Sport and Physical Education at UQ and you will learn from award-winning teachers who have written textbooks in the field. Be rewarded with an internationally-recognised degree that boasts an exceptionally high graduate employment rate. At UQ, our focus is preparing you for a dynamic and successful career.

UQ's Bachelor of Health, Sport and Physical Education (Honours) is the only degree in Queensland where you will complete a supervised, full term (12 weeks) of practical placement in fourth year so you can hit the ground running when you graduate. There are also opportunities to gain teaching experience overseas through international exchanges and work placements. While you’re here you will learn and train in Olympic-standard recreational and sporting facilities at UQ and learn from some of the best health and physical education experts in the country.

What you will study

The Bachelor of Health, Sport and Physical Education (Honours) will prepare you for a career in health and physical education as well as sport education and related areas such as health promotion, sports coaching, and recreation and sports development. We focus on problem-based learning and engaging you in real-life situations. During the degree you will gain a strong foundation in the science of human movement from a variety of perspectives, including physiological, biomechanical, socio-cultural, psychological, educational and health.

Study Health, Sport and Physical Education at UQ and you will complete more than 600 hours on placement during your degree so that you graduate with advanced knowledge and practical skills to make you highly sought after by employers.
In Years 3 and 4 you will learn how to teach health, sport and physical activities and put this into practice with placements at schools and community environments. In these placements you will work with students in a variety of settings including primary, secondary and special needs, and your 12-week placement in Year 4 will be within a school’s health and physical education (HPE) department. We focus on making your study fun, with lots of physical activity and team work. In your final year you will also undertake a research project under the guidance of an experienced researcher.

Your future in Health, Sport and Physical Education

There are many career options both in Australia and overseas in public or private schools, sporting academies, institutes or associations and outdoor education and recreation centres, such as:

- health and physical education teacher
- sports coach
- corporate health officer
- outdoor educator
- recreation manager
- health promotion officer
- director of physical performance
- sports administrative officer
- sporting association executive director
- sporting association media liaison officer
- sports journalist
- sports academies and institutes – coach/director of coaching
- junior science or maths teacher.

Who will recognise your qualifications?

- Queensland College of Teachers: specialist teachers of physical education, health education and junior science.

Your postgraduate options

Coursework degrees available in:

- education
- clinical exercise physiology
- sports coaching
- physiotherapy
- occupational therapy
- speech pathology
- public health
- graduate entry medicine

Research degrees (MPhil and PhD) are also available in your area of interest.

International students

This degree requires a higher level of English language proficiency than the UQ minimum. The IELTS requirements are an overall score of at least 7.5 with a score of 7.0 in reading and writing and 8.0 in speaking and listening. You are required as an international student to complete the degree on a full-time basis.

For more information on Health, Sport and Physical Education at UQ:

www.health.uq.edu.au

Email

hmns@uq.edu.au

Phone

+61 7 3365 6240

For more information and other Health program details please see:

www.health.uq.edu.au/careers

UQhealth