Bachelor of Exercise and Nutrition Sciences

Through the study of exercise, nutrition and applied sciences, this program is a springboard to a range of exciting health careers in areas including dietetics, medicine, physiotherapy, exercise physiology, and more.

Why study the Bachelor of Exercise and Nutrition Sciences at UQ?

How is the human body and its health influenced by diet and exercise? What drives people to consume high levels of fats, salts and sugars, and what are the impacts? The Bachelor of Exercise and Nutrition Sciences provides a framework and way of thinking to answer questions like these.

Whether you’re interested in exercise and nutrition, or a broader career in health, this program recognises the strong link between good nutrition, regular exercise and optimum health, so you can make a meaningful difference to the wellbeing of others. You will:

• learn in world-class facilities, which include the latest industry equipment in specialist biomechanics and motor control, as well as exercise physiology and strength conditioning laboratories
• learn about the human body across a broad range of study areas, including the science of exercise, nutrition and food, physical activity and preventative health, and the psychology of sport and exercise

• study a flexible program, which can lead to clinical or non-clinical careers such as medicine, dietetics, clinical exercise physiology, physiotherapy, occupational therapy, occupational health and safety, public health, or sports coaching
• learn at one of the best human movement and nutrition schools in Australia, which is home to more than 100 staff, including experts in nutrition and dietetics, exercise physiology, and biomechanics.

For students with Provisional Entry to the Master of Dietetics Studies, the Bachelor of Exercise and Nutrition Sciences is a preferred pathway, providing future dietitians with a solid grounding of nutrition and food sciences. With appropriate study plans, this program also covers the minimum recommended courses prior to entry into UQ’s Doctor of Medicine.

Career outcomes

Graduates use their skills to work in roles such as nutrition assistant, fitness or weight loss consultant, or research assistant. Many graduates combine a Bachelor of Exercise and Nutrition Sciences with a postgraduate qualification to specialise in a variety of clinical and non-clinical careers.

Clinical careers (after further study) include:

• audiologist
• clinical exercise physiologist
• dietitian – this program is a preferred pathway to study dietetics at UQ
• doctor
• occupational health and safety officer
• occupational therapist
• physiotherapist
• speech pathologist.

See ‘Program table explained’ on page 49

* Not all applicants on this OP/Rank were offered a place.

QTAC CODE UQ CODE MINIMUM SELECTION THRESHOLD 2018 OP / RANK / IB / ATAR LOWEST OP / RANK TO RECEIVE AN OFFER 2018 DURATION START SEMESTER CAMPUS HONOURS ADMISSION REQUIREMENTS

720102 2525 9 / 81 / 29 / 80.60 9 / 82 11 / 77 3 years full-time (or part-time equivalent) 1, 2 St Lucia Additional year of study Queensland Year 12 (or equivalent) English and Mathematics A, B, or C plus one of Biology, Chemistry or Physics.

or 729602 (provisional entry to Master of Dietetics Studies) (domestic students only) 2* / 97 / 39 / 97.50 2 / 97 3 / 95 1.5 years full-time to complete the Master of Dietetics 1 Additional year of study Queensland Year 12 (or equivalent) English and Mathematics A, B, or C plus one of Biology, Chemistry or Physics.

International availability: Yes (CRICOS 073759D)
English proficiency: Standard UQ English language proficiency requirements apply

See ‘Program table explained’ on page 49

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A flexible degree you can TAILOR TOWARDS your future career path
Non-clinical careers after postgraduate study include:
• health promotion officer or community health officer
• public health manager
• sport and recreation manager
• sports coach
• sports scientist.

Your postgraduate options
The Bachelor of Exercise and Nutrition Sciences gives you the foundation to apply for entry into a range of postgraduate degrees such as:
• Doctor of Medicine
• Master of Audiology Studies
• Master of Clinical Exercise Physiology
• Master of Dietetics Studies
• Master of Health Economics
• Master of Occupational Therapy Studies
• Master of Physiotherapy Studies
• Master of Speech Pathology Studies
• Master of Sports Coaching
• Master of Teaching.

See future-students.uq.edu.au for more information.

Honours
Honours is available as an additional year of study should you wish to pursue research in an area of interest.

Master of Dietetics Studies
You can become a fully accredited dietitian in four-and-a-half years by gaining a place in the Bachelor of Exercise and Nutrition Sciences/Master of Dietetics Studies provisional pathway program. We will guarantee you a place in the Master of Dietetics Studies when you graduate from the Bachelor of Exercise and Nutrition Sciences, providing you complete the program in the minimum time specified, achieve an annual Grade Point Average of 5.0 (on a 7-point scale) and undertake the necessary prerequisite subjects. The provisional pathway is only available to domestic students. If you don’t receive a provisional place in the Master of Dietetics Studies, you can complete the Bachelor of Exercise and Nutrition Sciences and apply for direct entry to the Master of Dietetics Studies.

For more information
future-students.uq.edu.au
hmns@enquire.uq.edu.au
+61 7 3365 6240

KEIRA MURRAY
Bachelor of Exercise and Nutrition Sciences graduate / Master of Dietetics Studies student

“I chose to complete my degree at UQ as my passion to make a difference through food and health was one of my top priorities and something that I knew I always wanted to achieve. The course list included a broad range of both nutrition and public health/health promotion subjects that I was particularly interested in.”

SAMPLE COURSES
Advanced Nutrition Sciences
Biochemistry of Metabolism in Health and Disease
Health and Fitness Through Diet and Exercise
Health Promotion: Perspectives and Practice
Professions, People and Healthcare
Sports Nutrition
Understanding Population Nutrition