BACHELOR OF HEALTH SCIENCES

Why study Health Sciences at UQ?
• This degree provides the foundations for a wide range of health-focused careers.
• It is a recommended pre-medical degree.
• It provides you with a pathway to clinical careers, such as medicine, physiotherapy and dietetics and non-clinical careers such as public health, health promotion and health services management.
• You will experience a practical degree in consultation with the health industry.

What you will study
Studying the Bachelor of Health Sciences provides a comprehensive overview of preventive health and the health care system, which equips you with the skills for a career in health or the foundations to undertake a clinical degree such as medicine, physiotherapy or dietetics. You will study a wide range of areas including the biomedical sciences (e.g., anatomy, physiology), public health, preventive health (e.g., health promotion, physical activity, nutrition), the business of health (e.g., health systems, management) and professional practice (e.g., law and ethics).

You can complete a major in Public Health (see page 4), Nutrition (see page 5) or Health Promotion (see page 3).

You will undertake a one day per week work placement in your final year. The placement is designed to convert the knowledge you have gained during your studies into practice within the health industry.

Where this can take you
Whether you want to work with patients in a clinical role, within the community on illness prevention or behind the scenes in the business of health, this degree can provide the pathway.

Non-clinical careers:
As a non-clinical health care professional your focus is on preventing illness and disease throughout the population, and using your skills in the assessment, management, planning and delivery of efficient quality health care.

Non-clinical careers include:
• health promotion officer, community health officer, project officer, public health officer or consultant
• health service manager or health information officer in hospitals or other health care facilities
• community health clinic manager
• community nutritionist, nutrition assistant
• public health manager
• public health researcher.

Clinical careers:
Medicine: The Bachelor of Health Sciences is a pathway into UQ’s medical degree and can be completed by students who receive a provisional place into the UQ medical degree. Students without a provisional place can complete the Bachelor of Health Sciences degree and sit the GAMSAT and then apply for graduate entry into medicine. The degree provides an excellent foundation in biomedical sciences, public health and the health care system.

Other clinical options: If you do not receive the OP required for direct entry into a clinical degree you can enter a clinical degree by completing a Bachelor of Health Sciences degree and then undertaking postgraduate study to complete your clinical degree. Alternatively, you may undertake the Bachelor of Health Sciences for one year and then re-apply via QTAC for entry to your desired studies.

Clinical careers (after further study) include:
• occupational therapist
• speech pathologist
• audiologist
• physiotherapist
• nurse
• social worker.

Your postgraduate study options
The Bachelor of Health Sciences provides a broad overview of health care and equips you with the foundations needed for a career in nearly any aspect of the health industry. It is an excellent pathway if you do not gain direct entry into your preferred clinical career by applying for the following postgraduate study options:

• Bachelor of Medicine/Surgery (MBBS)
• Master of Dietetics Studies
• Master of Occupational Therapy Studies
• Master of Physiotherapy Studies
• Master of Speech Pathology Studies
• Master of Audiology Studies
• Master of Dietetics Studies
• Master of Nursing Studies
• Master of Social Work Studies.

The Bachelor of Health Sciences graduate you may continue to a clinical career by applying for the following postgraduate study options:

• Master of Public Health Studies
• Master of International Public Health
• Bachelor of Health Economics and Master of Epidemiology
• Master of Public Health, Master of International Public Health, Master of Health Economics and Master of Epidemiology offer a non-clinical career pathway.

For more postgraduate information see www.uq.edu.au/health/courseswork.

Why not finish your degree in the USA?
Tammika at www.uq.edu.au/health/careers
Hear from Health Sciences graduate, Tammika at www.uq.edu.au/health/careers

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Are you an international student? Standard University of Queensland English language proficiency requirements apply for this degree.

International students must undertake this degree on campus at UQ on a full-time basis. See www.uq.edu.au/international for more information.

Importantly information
Students must also complete post-admission requirements prior to clinical placement – see: www.uq.edu.au/health/admissionreqs

Study Plan

Year 1
Systemic Anatomy for Health Sciences
Introduction to Psychology
Developmental, Social & Clinical Psychology
Introduction to Population Health
Epidemiology

Year 2
Physiology & Pharmacology for Human Disease
Major Diseases & Their Control
Understanding Human Behaviour
Nutrition in the Lifespan
Health Research Methods
Health Services Planning & Evaluation
Global Health & Infectious Disease

Year 3
Legal & Ethical Principles in Health
Functional Anatomy
Health Policy in Practice
Practicum in Health Sciences
Health Economics
Influencing Health Behaviours
Community & Public Health Nutrition

Indicative Plan – above courses may vary slightly depending on the major you choose and elective options.

Duration 3 years full-time. Part-time equivalent available to domestic students only.
Location Ipswich & St Lucia (minimum 16 units studied at Ipswich)
Entry requirements Year 12 (or equivalent) English (4, SA). (One of Biological Science, Chemistry or Physics recommended)

2013 entry score OP 11 / Rank 77 / ATAR 76.60 OP 1-5 guaranteed entry
QTAC code 729002
Delivery mode Internal
Honours Available as an extra year of study
International availability Yes (CRICOS 055897K; Honours CRICOS 058542B)

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Why study a Health Promotion major in Health Sciences at UQ?

- It offers access to a wide range of careers in health promotion and disease prevention.
- An expanding area of health needed to reduce the growing burden of chronic disease.
- Practical experience prepares job-ready graduates.
- Developed in consultation with the health industry.

What will I study?

Undertaking a Health Promotion major will enable you to examine how health services and programs are designed and delivered, to facilitate community health and prevent disease and disability. You will examine the role human behaviour plays in the incidence, prevention and progression of illness, effective strategies to promote health and understanding of the role of health services, health policy and health care decision making. You will study the core components of the health sciences degree while focusing on health promotion and health behaviours, physical activity, nutrition and health services planning. During your studies you will gain in-depth knowledge of these issues and the skills to critically analyse situations and develop programs to address them.

What are my options for further study?

- A major in Public Health provides the knowledge and skills needed to define, monitor, critically assess and manage public health problems in a changing world. Public Health focuses on preventing disease, prolonging life and promoting healthy lifestyles. As a future public health graduate, you will learn how to plan, manage and evaluate health programs and services to ensure the health system’s goals of promoting population health and preventing illness are met. During your studies you will gain in-depth knowledge of these issues and the skills needed to critically analyse situations. You will study a wide range of areas including biomedical sciences, public health, global health, health research methods, health policy and professional practice (e.g. health law and ethics).

The practical placement during my third year of the Bachelor of Health Sciences put me in the real world and meet many new people, setting me up for a career in Health Promotion.”

Alana Haymes
Health Promotion major graduate

Why study a Public Health major in Health Sciences at UQ?

- An excellent pathway to clinical careers, such as medicine and allied health.
- It offers access to a wide range of opportunities in the health industry.
- Practical experience prepares job-ready graduates.
- Developed in consultation with the health industry.

What will I study?

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Where will I work?

A major in Public Health offers a rewarding career that may suit many people. Public Health graduates inform health policy, plan and develop health services and monitor current and emerging health concerns. Public health graduates typically work in government and non-government organisations, ensuring that high quality health services and programs are delivered to the community. Graduates can work as:

- public health officers
- community health officers
- policy officers
- program evaluators
- project officers
- consultants
- researchers.

What are my options for further study?

The Public Health major provides a broad overview of health and equips graduates with the foundations needed for a career in nearly any aspect of the health care industry. It is an excellent foundation for clinical degrees such as medicine, allied health or social work. If you are interested in a research career you may complete an extra honours year or if you want to work in the area of global health you may enrol in the Masters of International Public Health or pursue studies in health policy, health economics or health management. For more postgraduate information, see www.uq.edu.au/health/future-students.

Contact

For more information on Health Sciences at UQ:

www.uq.edu.au/health/careers

www.facebook.com/UQhealth

Email: bachelorofhealthsciences@uq.edu.au

Phone: +61 7 3381 1487

CRICOS No. 00025B
Why study a Nutrition major in Health Sciences at UQ?
• It offers a pathway to the Master of Dietetics Studies.
• It establishes a strong foundation in public health and community nutrition.
• Practical experience prepares job-ready graduates.
• The major has been developed by experts in the field.

What will I study?
Human nutrition is a global term which concerns the way that foods and nutrients are acquired and used. It includes studies in biomedical science, biochemistry, nutrition, behavioural sciences, food sciences and public health nutrition.

Where will I work?
This major will enable graduates to work as community nutritionists, encouraging the population to achieve healthier eating and reducing the burden of diet-related disease. Community nutritionists typically work in government organisations, community health, private organisations and non-profit agencies. Graduates can also work as:
• public health nutritionists
• health promotion officers
• policy officers
• program evaluators
• consultants.

What are my options for further study?
The Bachelor of Health Sciences with a major in Nutrition has been specifically designed as a pathway into the Master of Dietetics Studies and satisfies all the prerequisite courses required for entry to that degree. The degree also provides the basis for further studies in public health nutrition, health promotion or research.

For more postgraduate information, see www.uq.edu.au/health/future-students.

Provisional entry to the Master of Dietetics Studies degree
Become a fully accredited Dietitian in 4.5 years with a Bachelor of Health Sciences/Master of Dietetics Studies.
The Bachelor of Health Sciences provides provisional entry to the Master of Dietetics Studies degree. If you do not receive the OP required for provisional entry you can complete the Bachelor of Health Sciences Nutrition major and apply to enter the Dietetics degree once you graduate.
The Bachelor of Health Sciences Nutrition major allows you to complete all of the prerequisite courses needed for entry to the Master of Dietetics Studies, while also allowing you to develop core knowledge in public health and community nutrition.

“The knowledge you will gain through a Bachelor of Health Sciences majoring in Nutrition puts you in a good position to further your studies and career. It is a great stepping stone to Dietetics and will provide you with the knowledge and skills to start your career in Nutrition and Dietetics.”

Ellie Carlton
Nutrition major graduate

QTAC code 729002
QTAC code for provisional entry to the Master of Dietetics Studies 729702
(2013 entry score OP 2 / Rank 97 / ATAR 97.10)
Delivery mode Internal
Honours Available as an extra year of study
International availability Yes (CRICOS 005897K; Honours CRICOS 035642B)
Prerequisites are expressed in terms of Queensland Year 12 subjects.